

We want to hear your views about Health & Social Care in Wirral - Listen. Connect. Share.

BRIDGE Forum notes for Wednesday 9th July 2025 11am – 12:30pm

The purpose of [BRIDGE Forum](#) is to come together to share updates, themes, and regular information about Wirral Health & Social Care services, giving a voice to all sectors. A place that is shared with Community, Health & Social Care representatives.

if you'd like to join-in, share information, receive notes or speak at future meetings, or want to know more about the BRIDGE Forum, which takes place monthly each second Wednesday, please email us spare5@healthwatchwirral.co.uk .

Guest Speakers

1. Nikki Barker, BRANCH.

Nikki shared details of BRANCH which included;

- BRANCH is an online mental wellbeing hub, run by different organisations across Wirral, in partnership with Wirral Metropolitan Borough Council and NHS Cheshire and Merseyside ICB, for children and young people from 0 to 18 (and up to 25 with additional needs), helping to find the best tools and local support. Under 13's can access with support from parent/carer/guardian/trusted adult.
- BRANCH is now the central point of access for My Mind Wirral CYPMHS (was CAMHS) .
- It can be used for/by any child or young person who is registered with a Wirral GP, no matter how big or small their worries feel. It's packed with tips to help them feel better and, when they need a bit of extra support, gives simple routes into local services.
- Branch doesn't offer crisis support but has information on where to get help in an emergency.
- Dashboard for ease of use, with a questionnaire that matches the best services available for each individual.



Introduction to
Branch - June 25.pdf

2. Paul Ariss, Cheshire & Merseyside Cancer Alliance.

Paul shared details of the Cheshire & Merseyside Cancer Alliance - how he has been working as part of an NHS England Cancer Experience of Care Improvement Collaborative, and part of this has been working on increasing awareness for the long standing and ongoing **Quality of Life survey**, which is shared to patients 18 months after their cancer diagnosis.

- The survey helps people to share their experiences
- Will help to improve pathways and offer better care

The survey uptake figures for Wirral are slightly below national target and Paul asks that all share to help reach as many Wirral participants as possible.

[CMCA Quality of Life Survey - Promotion Video](#)

[Log in to the site | CMCA \(cmcanceralliance.nhs.uk\)](#)

Email: paul.ariss@nhs.net cmcanceralliance.nhs.uk

3. Christopher Puddephatt, Spider Project. SILK Family and Carer Support Worker.

Chris shared details of Spider Project's SILK support, which offers one-to-one and group work, creative recovery courses and telephone support for anyone who is a Carer/ parent/ friend of someone with substance misuse issues.

- Peer support groups with families, Carers, friends.
- A wide range of activities are available; pottery, painting, drama, holistic therapies, music, photography, as well as creative recovery courses and more.
- They run a Ketamine peer support group.
- Self-referral by email or phone/ or through a Health Professional.

Phone: 0151 647 7723 or 07354 178676

Email: silk@spiderproject.org.uk



Silk Poster 2.pdf



4. Rachael Hikmott, Sahir, support worker for people living with HIV in Wirral.

Rachael shared details of how Sahir has been supporting people living with HIV and Aids and also LGBTQ+ communities across the Liverpool City Region since 1985. They offer support for the following:

- People living with HIV
- LGBTQ+ Health & Wellbeing
- Refugees & People Seeking Asylum
- Counselling
- Support Groups
- Sexual Health for All.

<https://www.sahir.org.uk/>



Self Referral Form.
Sahir House. Update



Organisational
Referral Form. Upda

AOB

1. Laura, HWW, shared details of the NHS App survey that Healthwatch Wirral are conducting at the moment, please share and complete:

PLEASE TELL US WHAT YOU THINK

Are you ready for communication about your health to be online ?

We would love to hear about what you think about using health apps, like the NHS App:

📱 Managing your health through Apps is becoming more popular, and we want to know what works for you.

❓ Do you use health apps?

✅ What features do you find helpful?

🔧 What could make it better?

Please complete [this short survey from Healthwatch Wirral](#) to help make sure that the people who design the NHS App are aware of your experiences & needs.



2. Georgie, HWW shared details for the next **Wirral Carers Alliance meeting**, which will be an in-person forum on Tuesday 15th July at St James Centre, 344 Laird Street, Birkenhead, CH41 7AL, in community room from 11.30am-12pm.



Wirral Carers
Alliance Flyer - In-pe

[Wirral Carers Alliance Flyer - In-person Forum - 15th July 2025 - St James Center.pdf](#)

3. From Monday 30th June the Living Well Service will be running drop-in Cervical Screening clinics in the Ellesmere Port, Liverpool, Warrington and Wirral areas for six weeks. The timetable is below.

[The Living Well Service :: Cheshire and Wirral Partnership NHS Foundation Trust](#)

Laura, HWW, reminded all that there is no BRIDGE Forum in August 2025.

Upcoming BRIDGE Forum Dates in 2025:

10 Sep	12 Nov
13 Oct	10 Dec

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Liscard Business Centre,
The Old School House,
188 Liscard Road,
Wallasey, Wirral
CH44 5TN

[BRIDGE Forum](#)

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