



# COVID-19 (CORONAVIRUS): A quick guide for community centres

What to do if...	Action needed	Return to the centre when...
 <p>...I have coronavirus symptoms</p>	<ul style="list-style-type: none"> <li>✗ <b>Do not come to the centre</b></li> <li>✓ <b>Contact the centre manager</b></li> <li>✓ Inform the centre manager about test result</li> </ul>	...the test comes back <b>negative</b> .
 <p>...I have tested <b>positive</b> for coronavirus</p>	<ul style="list-style-type: none"> <li>✗ <b>Do not come to the centre</b></li> <li>✓ Inform the centre manager immediately about test result</li> </ul>	...you feel better. you can return to the centre after 10 days.
 <p>...somebody in my household has coronavirus symptoms</p>	<ul style="list-style-type: none"> <li>✗ <b>Do not come to the centre</b></li> <li>✓ <b>Contact the centre manager</b></li> <li>✓ Inform the centre manager immediately about test result</li> </ul>	...the household member test is <b>negative</b> .
 <p>...somebody in my household has tested <b>positive</b> for coronavirus</p>	<ul style="list-style-type: none"> <li>✗ <b>Do not come to the centre</b></li> <li>✓ <b>Contact the centre manager</b></li> </ul>	...you have completed 14 days of self-isolation
 <p>...NHS test and trace have identified me as a 'close contact' of somebody with symptoms or confirmed coronavirus</p>	<ul style="list-style-type: none"> <li>✗ <b>Do not come to the centre</b></li> <li>✓ <b>Contact the centre manager</b></li> </ul>	...you have completed 14 days of self-isolation
 <p>...I have travelled abroad and have to self-isolate as part of a period of quarantine</p>	<p><b>Returning from a destination where quarantine is needed:</b></p> <ul style="list-style-type: none"> <li>✗ <b>Do not come to the centre</b></li> <li>✓ Self-isolate for 14 days - even if a test is negative</li> </ul>	...the quarantine period of 14 days has been completed
 <p>...I have received medical advice that I must resume shielding</p>	<ul style="list-style-type: none"> <li>✗ <b>Do not come to the centre</b></li> <li>✓ <b>Contact the centre manager</b></li> </ul>	...your GP informs you that restrictions have been lifted and you can return to the centre again
 <p>...I am not sure who should get a test for COVID -19 (coronavirus)</p>	<ul style="list-style-type: none"> <li>✓ Only people with symptoms* need to get a test</li> <li>✗ People without symptoms are not advised to get a test, even if they are a 'close contact' of someone who tests positive</li> </ul>	...when conditions above, as matching your situation, are met

\* Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste.