

## BRIDGE Forum Notes – 28<sup>th</sup> June 2023

### Guest Speakers

Nicola Cullen, Sharne Williams – Paul Lavelle Foundation  
Iain Stewart – NHS Cheshire & Merseyside ICB  
Gabby Sale – Citizens Advice Wirral

### Guest Speaker Presentations

#### **Paul Lavelle Foundation**

- Sharne gave an overview of the Paul Lavelle Foundation including its history, the aims of the charity and the projects they run. Their aims include:
  - Raising awareness of male domestic abuse, nationally and locally
  - Early intervention therapeutic support for males who are at risk of or have experienced domestic abuse
  - Healthy relationship education for children and young people
  - Fundraising and promotion of positive mental wellbeing through sports and physical activities
- Discussed the barriers and reasons why men don't speak out about male domestic abuse
- Talked about their person-centred recovery sessions for males
- Have recently secured grant funding from Family Toolbox to help with legal fees for service users
- Nicola talked about the 'Inspire Project' and their delivery of healthy relationship workshops for children and young people from as early as primary school age
- Nicola also talked about their 'FYP – For You Project', a 2-session educational, therapeutic and recreational programme for young people who have been affected by domestic abuse in the family environment. The aims of the project are to:
  - Support young people in maintaining healthy relationships, anger management, self-esteem building and signposting
- Discussed PLF's activity groups including swimming, cycling, walking, running and football
- Sharne talked about the PLF's Healthy Relationships app that provides advice, information and domestic abuse-related support groups
- Since 2020, PLF have supported 420 people and are currently working with 200 service users
- PLF are working with Merseyside Police to raise awareness of male domestic abuse and have identified over 3000 incidents of male domestic abuse cases

- Alongside the work with Merseyside Police, PLF are offering awareness sessions for other Police organisations in the region, as well as NHS and other partner organisations
- Merseyside Society for Deaf People offered to liaise with PLF to offer support to males in the deaf community
- MSDP suggested raising awareness about domestic abuse topics with children and young people in the deaf community and British Sign Language
- MSDP invited PLF to present at one of their coffee mornings

### **NHS Cheshire & Merseyside Integrated Care Board**

- Iain provided an overview of Integrated Care Systems (ICS), Integrated Care Partnerships (ICP) and Integrated Care Board (ICB)
- Discussed the new structure and how this has replaced CCG's
- Explained ICS:
  - Established in July 2022
  - 42 ICS in England
  - Partnerships of organisations that plan and deliver joined up health and care services
  - Brings together partnership organisations
  - Aims to improve healthcare outcomes
  - Tackles health inequalities
  - Enhances productivity and value for money
  - Supports broader social and economic development
- Explained ICP:
  - A statutory committee formed of ICB's and local authorities within an ICS area
  - Brings together partners concerned with improving health, care and wellbeing
  - Responsible for producing strategies on how to meet the health and wellbeing needs of an ICS
- Explained ICB
  - The 'NHS component' of the ICS
  - Responsible for developing a plan for meeting the health needs of the population
  - Manages NHS budget
  - Arranges the provision of health services in the area
- Explained Place-based Partnerships
  - Leads the design and delivery of services across the area
  - Includes NHS, local councils, third sector, local residents etc
- Explained Provider Collaborators
  - Brings together providers to at scale across multiple places
- Offered to attend future BRIDGE Forums to give a deeper presentation in ICB

- Iain offered to provide a diagram to help people better visualise how everything fits together

### **Citizen's Advice Wirral – Gambling-related Harms Project**

- Gabby explained the background of their Gambling-related Harms Project
  - Funded by Gamble Aware
  - 13% of the population experience gambling-related harms
  - 44% of the population take part in gambling at least once every four weeks
  - Determinants linked to gambling are social isolation, cognitive impairment, adverse childhood experiences, substance misuse
- The project works with people affected by gambling-related harms either directly or indirectly, across Wirral and the wider Liverpool City Region
- The project is being delivered in partnership with Beacon Counselling Trust
- The project works on a traditional social prescribing model (including one-to-one support, signposting and referrals)
- There is dedicated advisor at CA to provide advice around finances, debt and benefits
- The project is open to people already engaged in gambling support or those who are not yet engaged in gambling support
- CA want to champion tackling gambling-related harms throughout Wirral
- CA will be training staff in gambling-related harms and offering support for internal staff and volunteers affected by gambling-related harms
- CA are looking to work with any drug and alcohol services to raise awareness of the project
- BCT provide free online training sessions for professionals around gambling-related harms
- CA are taking referrals from organisations and referral pathway can be found on their website
- CA have started fortnightly drop-in sessions at Tomorrow's Women and are looking to open more locations at partner venues

## Information Sharing

### **Talking Together Wirral**

Talking Together Wirral is an NHS Talking Therapies Service for Anxiety and Depression. If any local services run groups that may benefit from mental health information and how to get support then please get in touch. We want to raise awareness of our service and how to make a referral into Talking Together Wirral for those struggling with Anxiety and Depression. We

are also currently looking for places to provide therapy from throughout the Wirral, to improve accessibility to our services. If anyone has a room for hire that could be used for a therapy session then please get in touch. Thank you.

## Next Meeting

The next BRIDGE Forum will be Wednesday 26<sup>th</sup> and Thursday 27<sup>th</sup> July

Speakers TBC